



Better Support. Stronger Connections.

From the CEO:

Community, Connection & Gratitude

“Success isn’t about how much money you make. It’s about the difference you make in people’s lives.” - Michelle Obama

I often return to this idea; in a world that measures so much in numbers, targets and outcomes, St George Community is different. We measure impact in connection, independence and the confidence that someone knows they are not alone.

We are also preparing for our annual Volunteer Lunch, a special opportunity to bring our volunteers together and thank them for the extraordinary dedication, care and generosity they bring to our community. Volunteers play a vital role in everything we do at St George Community, and this gathering is a small way for us to recognise the enormous difference they make.

If volunteering is something you have ever considered, I encourage you to speak with us.



This month gives us an opportunity to recognise the people who help bring that impact to life every day.

During National Volunteer Week from 18 to 24 May, we acknowledge the many volunteers who support our work across the organisation. Their time, energy and generosity help ensure our services continue to reach the people who rely on them. Volunteers strengthen the sense of community that sits at the heart of everything we do.

There are many ways to be involved, whether as a driver, supporting clients, assisting in the office or contributing at a governance level on our Board. Giving your time can be one of the most meaningful ways to stay connected to your community.

May also brings Mother’s Day.

For many people this is a joyful celebration, while for others it can be a quieter and more reflective day. It is a moment to acknowledge the women who influence and shape our lives, whether they are mothers,

grandmothers, daughters, sisters, mentors or friends. Their care, resilience and guidance often leave a lasting impact.

Like many organisations, we continue to navigate a changing environment where the cost of delivering services continues to rise. Despite these pressures, our purpose remains clear. We are here to ensure people stay connected to their community, their appointments and the everyday moments that support independence and wellbeing.

Thank you to everyone who took the time to complete our 2026 Client Pulse Survey. Listening to our clients is an important part of how we continue to improve and shape our services. In this edition of the newsletter, we have included a snapshot of the survey results along with some of the actions we are taking in response to what you told us. Your feedback helps ensure St George Community continues to provide the support and connection our community values.

There is also plenty to look forward to this month. Our social outings continue to provide opportunities for connection and shared experiences. Clients can enjoy a visit to the Australian Wildlife Sanctuary in Bargo, a scenic drive and lunch at the Wollongong Lighthouse, or something a little different with a visit to the SPASM Museum in Gladesville. Our overnight trip to the Southern Highlands will also offer a chance to travel a little further afield and enjoy time together in a beautiful part of the state.

To our clients, volunteers, staff and supporters, thank you for being part of the St George Community family. Your support, trust and involvement help make a genuine difference in people's lives.

Better Support. Stronger Connections.

Kindest regards,
Natasha

IMPORTANT UPDATE FOR CHSP CLIENTS



Service Agreements



To meet updated requirements of the **Commonwealth Home Support Programme (CHSP)**, **St George Community** will be introducing new **Service Agreements** for all **CHSP** clients.

Many newer clients will already have these in place. Over the coming months we will begin updating agreements for our existing clients.

What is a Service Agreement?

A **Service Agreement** is a simple document that outlines the service you receive, **your rights** and **responsibilities** and **how we protect your personal information**.

Clients will receive their agreement directly from the team at St George Community and we will guide you through the process.



Questions? Call our friendly office team on 9585 3000

Influenza (Flu) Vaccine

Important information for people aged 65+



Why the flu vaccine matters

Influenza (the flu) spreads easily each winter. While many people recover quickly, the flu can cause **serious illness and hospitalisation**, particularly for older adults.

Getting a **flu vaccine every year** is the best way to protect yourself and those around you.



Free Flu Vaccine for people aged 65+

The National Immunisation Program provides a flu vaccine specifically designed for older adults. It helps create a **stronger immune response and better protections**.



When should I get vaccinated?

Flu vaccines are usually available from **March or April**.

It's best to get vaccinated **before the peak season** from **June to September**, but it's never too late.



Is the vaccine safe?

The flu vaccine has been used safely for many years.

Common side effects may include:

- Sore arm
- Redness or swelling
- Feeling slightly unwell for a day or two

The vaccine **cannot give you the flu**.



Where can I get vaccinated?

You can book your flu vaccine at:

- **Your local GP**
- **Participating pharmacies**
- **Community health centres**
- **Local council clinics**

The vaccine is **free** for people aged 65+

Protect yourself this winter

Getting your flu vaccine each year helps protect **you, your family** and **your community**.

Talk to your doctor or pharmacist today.

National Volunteer Week 18 - 24 May 2026



THE HEART OF ST GEORGE COMMUNITY: CELEBRATING OUR VOLUNTEERS

Every week at St George Community, something quietly remarkable happens.

Volunteers arrive ready to lend a hand - driving clients to appointments, answering phones, supporting outings, organising systems or helping behind the scenes to keep everything running smoothly.

They don't do it for recognition. They do it because they care.

During **National Volunteer Week (18–24 May)**, we're shining a light on just a few of the volunteers who help make St George Community what it is.

Russell | Volunteer Driver

If you've ever spotted the "Shiny Shoes" bus out and about and wondered where the name came from - that's Russell.

Nearly 10 years ago, Russell arrived for his first day volunteering with polished shoes and a determination to make a good impression. The nickname stuck, and so did he.

Today, Russell volunteers two days a week as a driver, helping clients get to appointments, rehabilitation and other essential outings across the community.

For Russell, the role is all about connection. ***"A lot of people are lonely, and they just want to chat,"*** he says.

With years of experience working with people, Russell is naturally friendly and quick to strike up a conversation. He focuses on making every trip as comfortable as possible - helping clients in and out of the car, explaining the journey and simply taking the time to talk.

"As long as you don't rush them, show respect and make them feel safe, they relax."

Over the years, Russell has received ten compliment letters from clients. - something he says comes down to patience, empathy and building rapport.



Russell; AKA "Mr Shiny Shoes" himself is volunteer driver two days per week at SGC

For many people, the trip itself becomes something to look forward to.

"They enjoy the drive. It's not just about getting somewhere - it's about getting out and having a chat."

Outside St George Community, Russell is also a Lifeblood donor and recently reached his tenth donation, another way he continues to give back to the community.

"If you like driving, like people, and like being part of a good team, it's very rewarding," he says.

Nerine | Office Volunteer & Carer



This time last year, Nerine was volunteering one day a week in the St George Community office.

Today, she's out supporting clients on social outings and overnight trips - a role that has grown far beyond where she first started.

"I wanted to take on more responsibility so I just asked if I could help out with the overnight trips," she says. ***"I did the training, and it just grew from there."***

After completing first aid training and a range of online courses covering aged care, disability awareness and infection control, Nerine began stepping into a new role supporting clients out in the community.

Now she is volunteering five days a week, and splits her time between office work and assisting clients on social outings and overnight trips to places like Nelson Bay, Orange, Batemans Bay and the Hunter Valley.

Her role involves helping clients throughout the day - assisting where needed while still encouraging independence.

"You've got to remember our clients are adults," she says. ***"You're there to help when they need it, but also to give them their independence."***

For Nerine, the most rewarding part of the role is seeing people enjoy themselves.

"When you see the smiles on their faces and know they've had a really good day, that makes it all worth it."

Volunteering has also had a profound impact on her own life.

"It's a major part of my life now," she says. ***"It's done wonders for my happiness and overall wellbeing."***

Derrick | Office Systems Volunteer

While many volunteers work directly with clients, Derrick's contribution happens quietly behind the scenes.

Volunteering one day a week in the office, Derrick helps manage a key compliance system that tracks staff and volunteer training, qualifications and records.

It's detailed work, but essential for keeping the organisation operating smoothly.

"If you're running a service like this, you need to make sure the right records and training are in place," he explains.

With a professional background spanning local, state and federal government, Derrick brings valuable experience to the role.

His career has included work as a librarian, records manager and with the Aged Care Quality and Safety Commission.

After stepping away from full-time work, volunteering offered a way to stay active while contributing to his local community.

“It gets you out of the house, keeps you in a routine and keeps you connected,” he says.

He believes volunteering benefits both the community and the individual.

“It’s worthwhile - both for you and for the people you’re helping.”

Viv | Office Volunteer

For more than 20 years, Viv has been a familiar and welcoming presence at St George Community.

She first became involved through a friend who was volunteering as a driver. At the time, her children had finished school and she was looking for a way to give back.



Viv has been a volunteer at St George Community for 20 years.

What began as a single day of volunteering has turned into two decades of dedication.

Over the years Viv has taken on many roles - starting as a driver, helping with social outings and eventually moving into the office.

Today, she helps answer phones, assist new clients coming through My Aged Care referrals and support the team with bookings and paperwork.

Often, she is the first voice new clients hear when they contact the organisation.

“First impressions really count,” she says.

Viv says the most satisfying part of volunteering is knowing she can make someone’s day just a little brighter.

“I just like to try and make someone smile,” she says.

After all this time, she continues to show that small acts of kindness - repeated week after week - can make a lasting difference.

Bert | Fleet Yard Volunteer

Bert is a familiar and much-loved face at St George Community. At 88, he is still giving his time and quietly contributing to the community.

Originally from Northern Ireland, he moved to Sydney with his wife Elizabeth in the 1970s and has called Australia home ever since.

After Elizabeth passed away in 2007, Bert found himself spending a lot of time at home. Wanting to stay active and connected with others, he decided to volunteer with St George Community.

“That’s why I started,” he says. ***“You meet people and talk to different people. Everybody’s got their own story. It’s just nice to be around other people. I have made so many friends over the years.”***



Bert has received many volunteering accolades from over the years including Volunteer of the Year Award for Banks

Over the years Bert has taken on a number of roles within the organisation. He spent many years driving buses, helping transport clients to appointments and community activities across the region.

At one point, a bus was even named after him - a small but meaningful acknowledgement of his long contribution.

These days, while he no longer drives, Bert still plays an important role behind the scenes.



A special moment from Bert's years volunteering with SGC - pictured with his granddaughters beside the bus that carried his name.

Each evening he drops by the St George Community depot to check the yard and vehicles - making sure buses are secure, lights are off and everything is in order for the next day.

It's a simple routine, but an important one that helps keep things running smoothly.

"It gives me something to get up for and something to do," he says.

More than anything, volunteering has kept him connected with people and the community around him.

"Otherwise you're on your own all the time," he says. *"It's good to keep in touch with people."*

From the road to the office, from everyday errands to emergency rescues - our volunteers make the St George Community what it is.

Together, these stories reflect just a small glimpse of the many volunteers who help keep St George Community moving every day.

Thank you to all our volunteers!

These stories are just a glimpse into the many volunteers who support St George Community every week.

When we invited volunteers to put their names forward to be featured, a few stepped up - but the truth is there are many more whose generosity, care and commitment make a difference every day.

To every volunteer who gives their time to St George Community: thank you.

If these stories have inspired you, perhaps this is the year to consider volunteering yourself.

Find out more at stgct.org.au or contact Fiona on 9585 3000.

KEEPING YOU MOVING

An Important Update On Our Transport Services

We are currently experiencing rising fuel costs and possible supply shortages across Australia.

Our priority remains the same: Helping you stay connected to essential services, shopping, and your community.

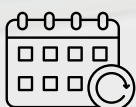
What You May Notice



Slightly longer wait times



More shared rides



Social trips may be rescheduled



Priority given to essential trips

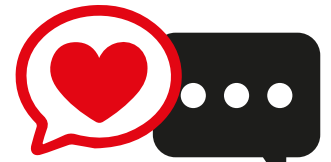
These changes are designed to ensure we can continue supporting as many people as possible.

Thank you for your patience and understanding

Please speak to a member of our team if you need assistance

 **9585 3000**

Help keep our community moving: call 9585 3000 to make a donation



Thank you to everyone who shared their feedback

Overall satisfaction is very high

91%

said our services meet their needs "well or very well"

93%

are likely to continue using our service

What matters most to our clients



Clients could select up to two options

What clients told us

life would be so much harder without the service you provide

The service provides a wonderful way to meet other people in our community

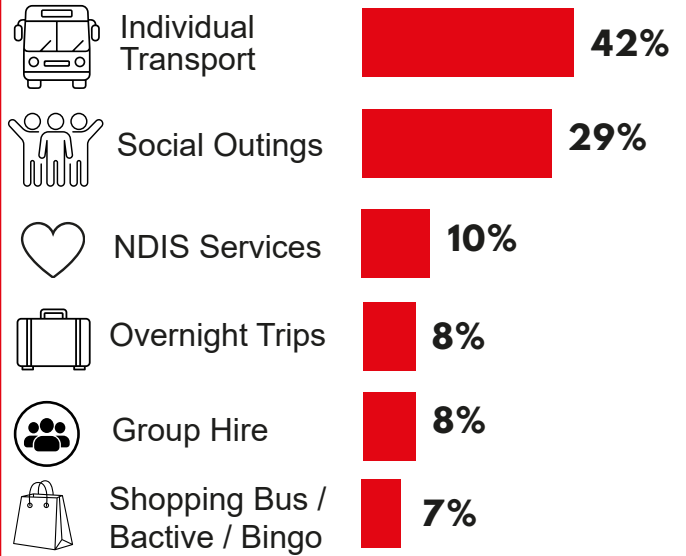
Drivers and staff are always friendly and helpful

You are all our angels, thank you so very much for all that you do; truly amazing

It is GOOD! When something is SO good, don't change it - keep it up!!!

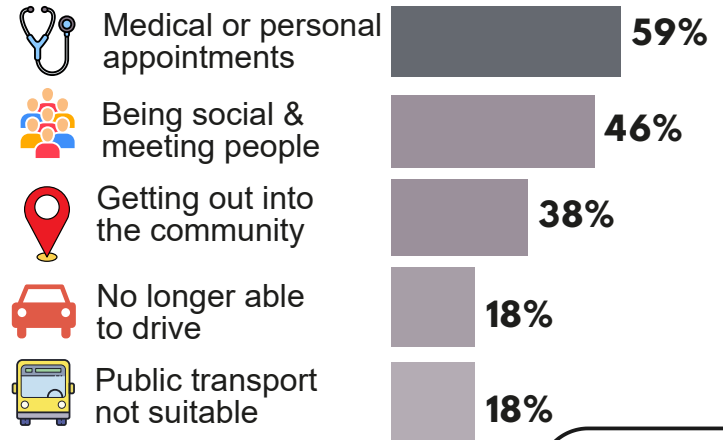
Just a big THANK YOU! Your service is invaluable!

How clients use our services



Taken from 2025 data. Clients may use more than one service

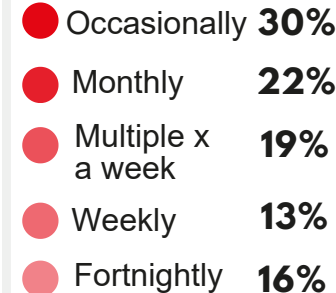
Why clients use St George Community



How long clients have used our service



How often clients use our service



How we are responding to your feedback

- Reviewing pick-up and drop-off routes to make journeys as direct and efficient as possible.
- Exploring ways to improve seating comfort, particularly for longer trips and outings.
- Managing passenger numbers on buses to support a comfortable travel experience.
- Continuing to advocate for transport solutions that support access to specialist medical appointments outside the local area

**\$10 per person
\$15 per couple**
Call our office for NDIS
and Home Care Package
fees.



2 HOURS SHOPPING TIME ALLOCATED

May Shopping Bus

	Green Area	Yellow Area	Blue Area	Pink Area
Which area are you in?	<ul style="list-style-type: none"> • Beverly Hills • Kingsgrove • Lugarno • Mortdale • Narwee • Padstow Heights • Peakhurst • Riverwood 	<ul style="list-style-type: none"> • Blakehurst • Connells Point • Hurstville Grove • Kyle Bay • Oatley • Penshurst • South Hurstville 	<ul style="list-style-type: none"> • Allawah • Arncliffe • Banksia • Bardwell Park • Bardwell Valley • Bexley • Bexley North • Carlton • Hurstville • Turrella 	<ul style="list-style-type: none"> • Beverly Park • Brighton-Le-Sands • Carss Park • Kogarah • Monterey • Ramsgate • Rockdale • Sandringham • Sans Souci
Roselands Shopping Centre	FRI 8, 22 MON 11, 25 <i>Pickups from 10:00 am</i>	FRI 8, 22 MON 11, 25 <i>Pickups from 8:30 am</i>	MON 11, 25 <i>Pickups from 10:00 am</i>	MON 11, 25 <i>Pickups from 10:00 am</i>
Rockdale Plaza	MON 4, 18 <i>Pickups from 10:00 am</i>	MON 4, 18 <i>Pickups from 10:00 am</i>	MON 4, 18 FRI 1, 15, 29 <i>Pickups from 8:30 am</i>	MON 4, 18 FRI 1, 15, 29 <i>Pickups from 10:00 am</i>
Southgate Sylvania	TUE 5, 19 WED 13, 27 <i>Pickups from 10:00 am</i>	TUE 5, 19 WED 13, 27 <i>Pickups from 10:00 am</i>	TUE 12, 26 WED 6, 20 <i>Pickups from 10:00 am</i>	TUE 12, 26 WED 2, 20 <i>Pickups from 10:00 am</i>
Westfield Miranda	THUR 7, 14, 21, 28 <i>Pickups from 10:00 am</i>	THUR 7, 14, 21, 28 <i>Pickups from 10:00 am</i>	THUR 7, 14, 21, 28 <i>Pickups from 10:00 am</i>	THUR 7, 14, 21, 28 <i>Pickups from 10:00 am</i>

Pickup time varies depending on passenger numbers. Thank you for your patience.

\$10
TRANSPORT

Transport costs will be calculated individually for non-funded clients

BActive

Live Longer. Live Stronger

HOW TO BOOK:

- 1 Contact instructors directly to book in your class
- 2 Call reception on 9585 3000 to arrange your \$10 transport with us



STEADY STABLE & ABLE

Tuesday 9.30am to 10.30am - Bexley Congregational Church

Wednesday 11.30am to 12.30pm - Oatley Uniting Church Hall

Friday 10.30am - 11.30am & 11.45am - 12.45pm - 3Bridges Youth Centre, Penshurst Park

School terms only.



Kate
0421 902 520
katedemayo@gmail.com



ZUMBA GOLD

Tuesday 12.00pm to 1.00pm - Oatley Uniting Church Hall

Wednesday 10.15am to 11.15am - Oatley Uniting Church Hall

\$10 per Class



Kate
0421 902 520
katedemayo@gmail.com



SEATED & STRONG

Tuesday 10.30am to 11.30am - Bexley Congregational Church

School terms only. \$10 per Class



Kate
0421 902 520
katedemayo@gmail.com



AQUA AEROBICS

Tuesday 10.30am (limited places) - IRT Peakhurst

\$15 per class or 10-class pass for \$130



Cassie
0435 079 680
cmaquafit@gmail.com



SENIORS DANCE FITNESS CLASS

Tuesday 12.00pm to 1.00pm - St George Maso's Club

*\$8 per class *first class is free*



Tracie
0419 999 650
tracie@dancefitsydney.com.au



ACTIVE AGEING FITNESS GROUP

Monday 10.00am to 10.45am - PJ Ferry Reserve Community Hall

Tuesday 10.00am to 10.45am - PJ Ferry Reserve Community Hall, Allawah

\$10 per class 10-week term (Seniors rates available)



Coralie
0415 065 800
coralie@fitnessnow.com.au



TAI CHI QIGONG GROUP

Monday 10.50am to 11.30am - PJ Ferry Reserve Community Hall

Tuesday 10.50am to 11.30am - PJ Ferry Reserve Community Hall, Allawah

\$15 per class or join 10-week term for \$100



Coralie
0415 065 800
coralie@fitnessnow.com.au



SGC Social Outings



Booking Options

- **Online:** Visit stgct.org.au, click 'BOOK A SERVICE', select 'Social Outings', and submit your details.
- **Phone:** Call 9585 3000 and press '2' for Social Outings.
- **Email:** Send your booking to harvey@stgct.org.au and await a response.

Payments

- **Bus fares:** Pay on the day via cash, EFTPOS, or monthly invoice.
- **Event fees:** Pay on the day unless prepayment is requested (via phone with VISA/Mastercard or EFT: St George Community Transport BSB 062 206 and A/C 1038 4093).
- **Food & Drink:** Bring money for meals.

Cancellations

- Call 9585 3000 by 10am the day before to cancel your booking. You can leave a message outside office hours.

Social Outings Reminder Calls

You'll get two automated calls:

- 1st call: Courtesy reminder 2 days before, around 10:30am.
 - 2nd call: Your pickup time the day before, around 4:00pm.
- You can follow the prompts at the end of the message to confirm or cancel. For questions, call 9585 3000.

Social Outing Key



Stairs involved



Wheelchair friendly



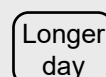
No walker access



Uneven ground or gravel paths



Own carer or Motorised required



Longer day



Some walking



No wheelchair access



Opal Card

Always bring money for food and drink.

If any of our outing venues cancel, an alternative will be organised.

May Social Outings Calendar

Friday 1 May

Simply Lunch: Novotel Sydney & Diggers, Canley Vale

A brand new premium hotel has opened in Cabramatta. There are several options like Bistro 1925 that do not need booking; but if you would like a quality restaurant experience we need to book you in. So look it up or call us to review the menu.

\$20 Bus



Monday 4 May

Simply Lunch: Cronulla RSL – Bonfield Restaurant

Join us for a relaxed lunch at the newly renovated Bonfield restaurant at Cronulla RSL. Enjoy great casual dining, fresh quality ingredients and stunning water views all year round. A perfect spot to sit back, enjoy good food and share great company.

\$20 Bus



Tuesday 5 May (Also on Fri 8/5 & Mon 11/5)

City Drive & Lunch at The Little Snail, Pymont #1

Enjoy a scenic drive into the city followed by lunch at the charming Little Snail in Pymont. The \$48 three-course menu offers delicious French-inspired dishes and great value, with plenty of choice. **À la carte also available.** A short 40-metre walk each way. Bon appétit!

\$20 Bus \$48 Lunch pay on the day

— OR —



Tuesday 5 May

Ancient Letters – Tamara-Anna Cislowska (Classical Piano)

Enjoy a beautiful classical piano performance by renowned pianist Tamara-Anna Cislowska at The Pavilion, Sutherland. Ancient Letters brings expressive music and storytelling together in an intimate concert setting. A lovely cultural outing for lovers of classical music.

\$20 Bus \$25 Ticket



Social Outings

Wednesday 6 May

Lunchbreak Concert: Conservatorium Jazz Orchestra

Enjoy a lively lunchtime performance by the Conservatorium Jazz Orchestra at the Sydney Conservatorium of Music. Sit back and soak up the energy of talented young musicians performing classic and contemporary jazz in this iconic music venue. A wonderful midweek cultural outing.

\$20 Bus



Thursday 7 May

Here on the Homefront, Hurstville Museum & Gallery

Here on the Homefront pairs striking historic photographs from the Georges River Council Research and Community History collection with curated objects from Hurstville Museum & Gallery. It reveals life in St George during the Homefront years, and the powerful stories of local men and women returning from WWI and WWII.

\$20 Bus

Donation



Friday 8 May (Also on Tue 5/5 & Mon 11/5)

City Drive & Lunch at The Little Snail, Pymont #2

Another chance to enjoy a scenic city drive followed by lunch at the charming Little Snail in Pymont. The \$48 three-course menu offers delicious French-inspired dishes and great value, with plenty of choice. **À la carte also available.** Bon appétit!

\$20 Bus

\$48 Lunch pay on the day



Monday 11 May (Also on Tue 5/5 & Fri 8/5)

City Drive & Lunch at The Little Snail, Pymont #3

Back by popular demand! Join us for a scenic drive into the city followed by lunch at the much-loved Little Snail in Pymont. The \$48 three-course menu offers delicious French-inspired dishes and great value, with plenty of choice. **À la carte also available.** Bon appétit!

\$20 Bus

\$48 Lunch pay on the day



Social Outings

Tuesday 12 May

The Kings & Queens of Country: From Tamworth to Tennessee - Bryan Brown Theatre

Celebrate the best of country music in this lively stage show at the Bryan Brown Theatre, Bankstown. From Tamworth favourites to Nashville classics, enjoy a toe-tapping journey through the songs and stars that made country music famous.

\$20 Bus

\$20 Tickets



Wednesday 13 May

Centennial Park Explore & Lunch

Enjoy a relaxing visit to Centennial Park, one of Sydney's great green spaces. With its lakes, gardens and wide open fields, it's the perfect place for a gentle explore and some fresh air. Afterwards we'll head out for lunch together. A lovely, easy day out.

\$20 Bus



Thursday 14 May

My Brilliant Career – Illawarra Performing Arts Centre

Miles Franklin's classic Australian story comes to life in this fresh stage adaptation. Follow the spirited Sybylla Melvyn as she challenges expectations and searches for her own path. With music, strong performances and sweeping Australian landscapes, it's a powerful and engaging theatre experience.

\$25 Bus

\$97 Tickets Prepay on booking



Friday 15 May

Australian Wildlife Sanctuary - Bargo

Come for a scenic drive out to the Australian Wildlife Sanctuary in Bargo, then wander the grounds with a ranger guiding the group. Get up close to kangaroos, emus, reptiles, and more, an easy, feel-good day supporting Aussie wildlife. (1 bus only)

\$25 Bus

\$20 Guided Experience

Prepay by Wed 13/5 (No refund)



Social Outings

Monday 18 May

SEA LIFE Sydney Aquarium

Dive into an underwater adventure at SEA LIFE Sydney Aquarium. Discover colourful marine life, fascinating ocean creatures and impressive displays featuring sharks, rays and tropical fish. A fun and engaging day out exploring the wonders of the ocean right in the heart of the city.

\$20 Bus \$35 Prepay by Mon 11/5
(\$49 buy on the day)



Tuesday 19 May

Simply Lunch: Penshurst RSL

Enjoy a relaxed lunch at the **Penshurst RSL Bistro**, offering a variety of freshly prepared meals in a comfortable, welcoming setting. Including the often hard to find roast lunch! A lovely short day to socialise, and enjoy an affordable meal.

\$20 Bus



Wednesday 20 May

Simply Lunch: Embark Restaurant Loftus TAFE

Enjoy a three-course lunch at Embark Restaurant, where modern Australian cuisine meets a fusion of international flavours. A delicious meal in a relaxed setting. Please note: water will be provided at the table and there is no table service as there are currently no hospitality classes running.

\$20 Bus \$30 Lunch Pay on the day



Thursday 21 May

Simply Lunch: Bass & Flinders Pavilion

Enjoy a relaxed lunch at the lovely Bass & Flinders Pavilion. Overlooking the water at Sans Souci, it's the perfect spot to savour a delicious meal, good company and beautiful coastal views.

\$20 Bus



Social Outings

Friday 22 May (Also on Tue 26/5)

The New Sydney Fish Market #1

Did you miss last month? Explore the stunning new waterfront precinct, browse the fresh seafood stalls and enjoy a delicious lunch overlooking Blackwattle Bay. A fresh start to the year in one of Sydney's most iconic destinations.

\$20 Bus



Monday 25 May

SPASM Museum - A Unique Medical Collection

Step inside the fascinating world of medical history at the SPASM Museum. Discover an extraordinary collection of surgical instruments, medical artefacts and curious objects that tell the story of medicine through the ages. Afterwards, enjoy time for lunch and a relaxing outing with friends.

\$20 Bus \$10 Tour & Morning Tea



Tuesday 26 May (Also on Tue 22/5)

The New Sydney Fish Market #2

Back by popular demand! Join us for another visit to the newly renovated Sydney Fish Market. Browse the bustling seafood stalls, enjoy a relaxed lunch and take in the harbour atmosphere. Don't forget to bring an esky if you plan to take home some fresh seafood!

\$20 Bus



Wednesday 27 May

Band Call: NSW Police Band

Enjoy a special performance by the talented NSW Police Band at beautiful St Mary's Cathedral. Sit back and take in the stirring music in one of Sydney's most iconic settings, followed by time to relax and enjoy lunch in the city.

\$20 Bus



Social Outings

Thursday 28 May

Retford Park, Bowral

Discover the elegance of Retford Park, a grand Italianate residence built in 1887 by Samuel Hordern on land first granted by Governor Macquarie in 1821. Explore the beautifully preserved interiors and tranquil gardens - a peaceful and historically rich day out. (Please note: stairs to second floor only.)

25 Bus

\$25 Tour



Longer day

Friday 29 May

Bunnings & Salvos Rockdale

Need a trip to Bunnings Rockdale? Here's your chance to pick up plants, hardware or a few bits for the garden. We'll also stop at Salvos Store Rockdale where you can donate a bag of clothes and enjoy browsing for a few hidden treasures.

\$20 Bus



Please contact the club directly for holiday closing & opening dates.

Play Bingo and have a bite to eat with your friends

WEDNESDAY	South Hurstville RSL	Drop-off 9.45 am
THURSDAY	St George Leagues Club	Drop-off 10.15 am
FRIDAY	Bexley RSL	Drop-off 10.45 am
FRIDAY	Oatley RSL	Drop-off 10.45 am

Return Pickup time is 1pm for ALL of the above

Pickup may start from 1 to 1.5 hour before drop-off time.

Transport: \$10 or \$15(couple) Return.

Call the office on 9585 3000 to book.



Charming & Cosy
Southern Highlands

3 DAYS 2 NIGHTS TRIP

- ✓ Rolling countryside, charming villages and crisp country air await on our visit to the beautiful Southern Highlands.
- ✓ Known for its elegant gardens, historic towns and welcoming cafés, the Highlands offers a peaceful change of pace from the city.
- ✓ We'll take in some of the region's scenic spots, enjoy delicious meals and spend time exploring local highlights along the way. With cosy country hospitality and plenty of fresh air, this relaxing overnight getaway is the perfect autumn escape.

CHOOSE FROM TWO DATES:

TUESDAY 19 - THURSDAY 21 MAY 2026

OR

TUESDAY 26 - THURSDAY 28 MAY 2026



Call 9585 3000

Winter Coastal
Newcastle & Lake Macquarie

4 DAYS 3 NIGHTS TRIP

CHOOSE FROM TWO DATES:

TUESDAY 16 - FRIDAY 19 JUNE 2026

OR

TUESDAY 23 - FRIDAY 26 JUNE 2026

Discover
Cowra & Surrounds

4 DAYS 3 NIGHTS TRIP

CHOOSE FROM TWO DATES:

TUESDAY 21 - FRIDAY 24 JULY 2026

OR

TUESDAY 28 - FRIDAY 31 JULY 2026

TWO DIFFERENT TRIPS IN AUGUST 2026

Breathtaking
Blue Mountains

3 DAYS 2 NIGHTS TRIP

TUESDAY 18 - THURSDAY 20 AUGUST 2026

Picturesque
Port Macquarie

4 DAYS 3 NIGHTS TRIP

TUESDAY 25 - FRIDAY 28 AUGUST 2026

Orange Overnight Getaway Recap



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Stronger Connections.**

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community.**

Phone
02 9585 3000

Address
1/29-33 Pitt Street
Mortdale NSW 2223

Website
www.stgct.org.au
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