

MONTHLY

st george
community.

August
2026

NEWSLETTER



e: AskUs@stgct.org.au p: 9585 3000

Better Support. Stronger Connections.

From the CEO:

The Power of Listening

"The most important thing in communication is hearing what isn't said." – Peter Drucker

One of the greatest privileges of my role is spending time with our clients and hearing their stories. Recently, I asked one of our regular passengers how they had enjoyed a social outing. They smiled and replied: *"I know someone will be*

connected to the communities they love.

Every year we ask our clients what matters most through our Client Satisfaction Surveys. Once again, you told us that safe, reliable and comfortable transport is one of the services you value most. But when we really listened, we heard something even deeper. We heard that transport isn't simply about getting from one place to another. It's about making it possible to stay connected, maintain independence and continue doing the things that fill your cup.



there. I know I'll get there safely. I know I'll get home safely. But it's the community I find in between that fills my cup." Those words perfectly capture why St George Community exists.

Yes, we provide transport, invest in safe vehicles and employ dedicated staff and volunteers. But what we are really creating is opportunity – opportunities for people to remain active, independent and

That is why I am so pleased to introduce our newest accessible vehicles and share our new fleet strategy. As demand for accessible transport continues to grow, we will soon be launching a community fundraising campaign to help expand our fleet and ensure more people can access the services they rely on.

These vehicles are an investment in people. Every new vehicle means more opportunities for people to attend medical appointments, visit family and friends, enjoy social outings and continue living active, independent lives.

This month you'll also read about our Community Transport Program (CTP), which fills an important gap in our community. Not everyone who needs transport support is eligible for aged care or disability funding. CTP assists people experiencing temporary illness or injury, mobility challenges or other transport disadvantage, helping them access medical appointments, essential services and community activities when they might otherwise struggle to do so.

There is plenty happening across our social calendar this month, including overnight trips to the Blue Mountains and Port Macquarie, return visits to Grace's Place and the ever-popular Little Snail, and Best of British at the Bryan Brown Theatre – all shaped by the feedback you continue to share with us.

Finally, thank you to everyone who has taken the time to provide feedback throughout the year.

Every conversation, every survey response and every suggestion helps shape the future of St George Community. If you missed our recent surveys, please remember you don't have to wait until the next one. Whether it's over the phone, by email or simply during a friendly chat with one of our team members, we always welcome your ideas.

As we look to the future, our commitment remains the same: to keep listening, to keep improving and to keep investing in the services that matter most to our community. Whether that means expanding our fleet, strengthening the Community Transport Program, enhancing the experiences we offer or continuing to invest in our people, every decision begins with listening.

Because our job isn't simply to take people somewhere. It's to help people stay connected to the people, places and experiences that give life meaning.

Kindest regards

Natasha
Chief Executive Officer
St George Community

IMPORTANT UPDATE FOR CHSP CLIENTS



Service Agreements



To meet updated requirements of the **Commonwealth Home Support Programme (CHSP)**, **St George Community** will be introducing new **Service Agreements** for all **CHSP** clients.

Many newer clients will already have these in place. Over the coming months we will begin updating agreements for our existing clients.

What is a Service Agreement?

A **Service Agreement** is a simple document that outlines the service you receive, **your rights** and **responsibilities** and **how we protect your personal information**.

Clients will receive their agreement directly from the team at St George Community and we will guide you through the process.



Questions? Call our friendly office team on 9585 3000

Know Someone Under 65 Who Needs Help Getting Around?

The Community Transport Program (CTP) is a **different** transport service for eligible people **under 65** who are **not** receiving government-funded transport elsewhere.



ALREADY TRAVELLING WITH US?



If you already travel with us, this isn't your usual transport service. It is about a **different** NSW government-funded program that helps eligible people **under 65** experiencing transport disadvantage.

Transport may be available for people who:



RECOVERING

from an accident, illness or surgery.



NEED TO ATTEND

ongoing medical treatments such as dialysis, chemo or rehab.



UNABLE TO DRIVE

because of a temporary or long-term medical condition.

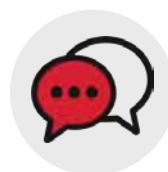


NO FAMILY OR FRIENDS AVAILABLE

to assist with transport



LIMITED OR NO ACCESS TO SUITABLE PUBLIC TRANSPORT.



CULTURAL OR LANGUAGE BARRIERS

that make accessing transport difficult



Whether it's getting to a specialist appointment, hospital, medical treatment, allied health service, essential shopping or other important destinations reliable transport can help people remain connected and independent.



GETTING STARTED IS EASY



Ask a GP or health professional to complete a referral.

Or contact our friendly team to discuss your circumstances and check your eligibility.



PLEASE HELP US TO SPREAD THE WORD

Many people under 65 don't realise that transport assistance may be available. If you know someone who struggles to get to essential appointments we can help.



Call St George Community on
9585 3000

**Better Support.
Stronger Connections.**

INVESTING IN YOUR JOURNEY

A new Hyundai Staria joins the St George Community Fleet

We are delighted to welcome the first of our new fully wheelchair accessible Hyundai Staria vehicles as part of our ongoing fleet renewal program.

For St George Community, our vehicles are far more than a way of getting from A to B



AI generated image



75,000+

passenger journeys
every year

Across the St
George area and
beyond.



22

vehicles across
our fleet

Cars, minibus and
larger busses.



2,500+

active clients
supported

Helping people
remain independent
and connected.



\$90,000

to purchase and fully
convert one Hyundai
Staria on the road

A significant investment
in our community.



100%

wheelchair
accessible

With modern safety
technology and
comfortable travel.

EVERY TRIP MATTERS

Every year our fleet helps thousands of people to travel safely to the people and places that matter most.



Medical
appointments



Dialysis, chemo
and rehabilitation



Shopping and
essential errands



Social outings and
activities



Visiting friends
and family



Exercise classes
and programs

“ Our vehicles do much more than transport people. They help people remain independent, connected and actively involved in their community. Whether it's getting to a medical appointment, visiting family or enjoying a day out with friends, every journey helps someone continue living safely and independently at home. That's why investing in safe, comfortable and accessible vehicles is so important.

PHILLIP PARKER, FLEET MANAGER, SGC

BUILT FOR COMFORT, ACCESSIBILITY AND SAFETY

Many of the people we support rely on mobility aids or require additional assistance to travel safely and comfortably. As demand for accessible transport continues to grow across our community, investing in modern, purpose-built vehicles has never been more important.



Our recent Client Satisfaction Survey showed overwhelmingly positive feedback, while also highlighting vehicle and seating comfort as an area where we could continue to improve.



The Hyundai Staria has been selected with this feedback in mind.

With a smoother ride, modern safety technology, improved accessibility and a spacious interior, it offers a more comfortable travel experience for everyone, particularly passengers using wheelchairs or travelling longer distances.

SAFETY IS ALWAYS OUR PRIORITY

St George Community is accredited under NSW Point to Point transport legislation and meets strict safety standards

Vehicle maintenance, and repairs

Annual safety inspections

Wheelchair accessible transport services

Professional qualified drivers

A SIGNIFICANT INVESTMENT IN OUR COMMUNITY

A fully wheelchair accessible Hyundai Staria is a major investment. By the time the vehicle is fitted with its specialist wheelchair conversion, safety equipment and is ready for the road, each vehicle costs approximately **\$90,000**.



Government funding helps us delivery transport services every day, however replacing specialist accessible vehicles requires significant additional investment.

That is why we are committed to gradually renewing our fleet, ensuring our community can continue to access safe, reliable transport for many years to come

COMING SOON



HELP US PUT ANOTHER STARIA ON THE ROAD

The arrival of our first Hyundai Staria is only the beginning.

In the coming months we will launch a community fundraising campaign to purchase another fully wheelchair accessible Hyundai Staria.



We will be inviting local organisations and generous individuals to become part of this exciting project by sponsoring our newest vehicle.

Every contribution, large or small, will help more people access essential appointments, participate in community activities, maintain their independence and stay connected with the people and places that matter most.





2 HOURS SHOPPING TIME ALLOCATED

**Max 4 bags per person.
Max 16kg in total**

August Shopping Bus

	Green Area	Yellow Area	Blue Area	Pink Area
Which area are you in?	- Beverly Hills - Kingsgrove - Lugarno - Mortdale - Narwee - Padstow Heights - Peakhurst - Riverwood	- Blakehurst - Connells Point - Hurstville Grove - Kyle Bay - Oatley - Penshurst - South Hurstville	- Allawah - Arncliffe - Banksia - Bardwell Park - Bardwell Valley - Bexley - Bexley North - Carlton - Hurstville - Turrella	- Beverly Park - Brighton-Le-Sands - Carss Park - Kogarah - Monterey - Ramsgate - Rockdale - Sandringham - Sans Souci
Roselands Shopping Centre	FRI 14, 28 MON 3, 17, 31 <i>Pickups from 10:00 am</i>	FRI 14, 28 MON 3, 17, 31 <i>Pickups from 8:30 am</i>	MON 3, 17, 31 <i>Pickups from 10:00 am</i>	MON 3, 17, 31 <i>Pickups from 10:00 am</i>
Rockdale Plaza	MON 10, 24 <i>Pickups from 10:00 am</i>	MON 10, 24 <i>Pickups from 10:00 am</i>	MON 10, 24 FRI 7, 21 <i>Pickups from 8:30 am</i>	MON 10, 24 FRI 7, 21 <i>Pickups from 10:00 am</i>
Southgate Sylvania	TUE 11, 25 WED 5, 19 <i>Pickups from 10:00 am</i>	TUE 11, 25 WED 5, 19 <i>Pickups from 10:00 am</i>	TUE 4, 18 WED 12, 26 <i>Pickups from 10:00 am</i>	TUE 4, 18 WED 12, 26 <i>Pickups from 10:00 am</i>
Westfield Miranda	THUR 6, 13, 20, 27 <i>Pickups from 10:00 am</i>	THUR 6, 13, 20, 27 <i>Pickups from 10:00 am</i>	THUR 6, 13, 20, 27 <i>Pickups from 10:00 am</i>	THUR 6, 13, 20, 27 <i>Pickups from 10:00 am</i>
<i>Pickup time varies depending on passenger numbers. Thank you for your patience.</i>				

\$10
TRANSPORT

Transport costs will be calculated individually for non-funded clients

BActive

Live Longer. Live Stronger

HOW TO BOOK:

- 1 Contact instructors directly to book in your class
- 2 Call reception on 9585 3000 to arrange your \$10 transport with us



STEADY STABLE & ABLE

Tuesday 9.30am to 10.30am - Bexley Congregational Church

Wednesday 11.30am to 12.30pm - Oatley Uniting Church Hall

Friday 10.30am - 11.30am & 11.45am - 12.45pm - 3Bridges Youth Centre, Penshurst Park

School terms only.



Kate
0421 902 520
katedemayo@gmail.com



ZUMBA GOLD

Tuesday 12.00pm to 1.00pm - Oatley Uniting Church Hall

Wednesday 10.15am to 11.15am - Oatley Uniting Church Hall

\$10 per Class



Kate
0421 902 520
katedemayo@gmail.com



SEATED & STRONG

Tuesday 10.30am to 11.30am - Bexley Congregational Church

School terms only. \$10 per Class



Kate
0421 902 520
katedemayo@gmail.com



AQUA AEROBICS

Tuesday 10.30am (limited places) - IRT Peakhurst

\$15 per class or 10-class pass for \$130



Cassie
0435 079 680
cmaquafit@gmail.com



SENIORS DANCE FITNESS CLASS

Tuesday 12.00pm to 1.00pm - St George Maso's Club

*\$8 per class *first class is free*



Tracie
0419 999 650
tracie@dancefitsydney.com.au



ACTIVE AGEING FITNESS GROUP

Monday 10.00am to 10.45am - PJ Ferry Reserve Community Hall

Tuesday 10.00am to 10.45am - PJ Ferry Reserve Community Hall, Allawah

\$10 per class 10-week term (Seniors rates available)



Coralie
0415 065 800
coralie@fitnessnow.com.au



TAI CHI QIGONG GROUP

Monday 10.50am to 11.30am - PJ Ferry Reserve Community Hall

Tuesday 10.50am to 11.30am - PJ Ferry Reserve Community Hall, Allawah

\$15 per class or join 10-week term for \$100



Coralie
0415 065 800
coralie@fitnessnow.com.au



Play Bingo and have a bite to eat with your friends

WEDNESDAY	South Hurstville RSL	Drop-off 9.45 am
THURSDAY	St George Leagues Club	Drop-off 10.15 am
FRIDAY	Bexley RSL	Drop-off 10.45 am
FRIDAY	Oatley RSL	Drop-off 10.45 am

Return Pickup time is 1pm for ALL of the above

Pickup may start from 1 to 1.5 hour before drop-off time.

Transport: \$10 or \$15(couple) Return.
Call the office on 9585 3000 to book.

SGC Social Outings



Booking Options

- **Online:** Visit stgct.org.au, click 'BOOK A SERVICE', select 'Social Outings', and submit your details.
- **Phone:** Call 9585 3000 and press '2' for Social Outings.
- **Email:** Send your booking to harvey@stgct.org.au and await a response.

Payments

- **Bus fares:** Pay on the day via cash, EFTPOS, or monthly invoice.
- **Event fees:** Pay on the day unless prepayment is requested (via phone with VISA/Mastercard or EFT: St George Community Transport BSB 062 206 and A/C 1038 4093).
- **Food & Drink:** Bring money for meals.

Cancellations

- Call 9585 3000 by 10am the day before to cancel your booking. You can leave a message outside office hours.

Social Outings Reminder Calls

You'll get two automated calls:

- 1st call: Courtesy reminder 2 days before, around 10:30am.
 - 2nd call: Your pickup time the day before, around 4:00pm.
- You can follow the prompts at the end of the message to confirm or cancel. For questions, call 9585 3000.

Prices may include booking fees and Carer tickets; cancelled venues will be replaced where possible.

August Social Outings Calendar

Monday 3 August

Local Lunch: Taren Point Bowling Club

Join us for a leisurely lunch at Taren Point Bowling Club. With an extensive menu to choose from, you're sure to find something you'll enjoy. Sit back, relax and enjoy good food and great company.

\$20 Bus



Tuesday 4 August (Also on Thur 13/8)

Sydney Harbour Deluxe Buffet Lunch Cruise #1 (1.5hrs)

Relax aboard a stylish catamaran and enjoy a deluxe buffet lunch while cruising Sydney Harbour. Enjoy the spectacular views of the Opera House, Harbour Bridge and sparkling harbour, it's a memorable day on the water.

\$20 Bus \$79 lunch cruise prepay now



Wednesday 5 August (Also on Tue 18/8)

Western Sydney International Airport Experience Centre #1 (1.30pm tour)

With the new Western Sydney International Airport opening in October, this could be your last chance to visit the Experience Centre before it welcomes its first passengers. Explore interactive displays and discover the story behind Australia's newest airport.

\$20 Bus Free Entry



Thursday 6 August

Mary MacKillop Place: Museum and Chapel Visit, North Sydney

Discover the inspiring story of Australia's first saint with a visit to Mary MacKillop Place. Explore the museum, visit the peaceful chapel and learn about the remarkable life and legacy of Saint Mary MacKillop.

\$20 Bus \$10 Entry



Social Outings

Friday 7 August

Grace's Place, Blacktown

Following the overwhelmingly positive response to our previous visit, we're returning to Grace's Place. Discover the inspiring story behind this unique centre, created to provide healing, hope and support for children and young people whose lives have been impacted by the loss of a loved one through violence.

\$20 Bus

Donation



Monday 10 August

Banana Cabana Primate Sanctuary, Dural

Meet an incredible collection of rescued monkeys and primates at Banana Cabana Primate Sanctuary. Learn about the sanctuary's important rescue and conservation work while enjoying a unique and memorable wildlife experience. This is a personalised group tour, include morning tea and lunch.

\$25 Bus

\$60 Prepay by Fri 31/7



Tuesday 11 August

Petula and the Best of British: Bankstown

Celebrate the unforgettable music of Britain with Petula and the Best of British. Sing along to timeless favourites from some of the UK's most loved artists in a fun-filled morning of music and entertainment.

\$20 Bus

\$20 Entry pay on the day



Wednesday 12 August

Simply Dinner: St George Sailing Club

By popular request, we've added another Simply Dinner to our calendar. Join us at St George Sailing Club for a relaxed evening of great food, stunning water views and friendly company. (And yes we have confirmation of our bookings this time!)

\$25 Bus (evening fare)



Social Outings

Thursday 13 August (Also on Tue 4/8)

Sydney Harbour Deluxe Buffet Lunch Cruise #2 (1.5hrs)

Here's another chance to enjoy a relaxing 1.5-hour deluxe buffet lunch cruise on Sydney Harbour. Take in spectacular views, savour a delicious meal and enjoy a memorable day on the water.

\$20 Bus \$79 lunch cruise prepay now



Friday 14 August

Newtown Flour Drum Morning Tea and Shops

Enjoy a visit to Flour Drum in Newtown, where everything is freshly prepared on site. Savour the delicious menu and specialty coffee before taking a leisurely stroll through Newtown's vibrant streets, boutique shops and unique local stores.

\$20 Bus



Monday 17 August

Dollar World Warwick Farm

Bargain hunters, this one's for you! Dollar World Warwick Farm is packed floor-to-ceiling with everyday essentials, quirky finds and unbeatable bargains. Our last visit was such a hit the bus came home loaded with shopping bags. Plenty of time to browse, shop and enjoy lunch with friends.

\$20 Bus



Tuesday 18 August (Also on Wed 5/8)

Western Sydney International Airport Experience Centre #2 (11am tour)

Take a fascinating look behind the scenes at Australia's newest airport before it officially opens. Explore the Western Sydney International Airport Experience Centre and see how this world-class project is preparing to welcome its first flights.

\$20 Bus Free Entry



Social Outings

Wednesday 19 August

Band Call: Army Band, St Andrew's Cathedral

Enjoy a special performance by the renowned NSW Police Band in the magnificent surrounds of St Andrew's Cathedral. Afterwards, relax over lunch and enjoy some free time in the heart of Sydney.

\$20 Bus

Free concert



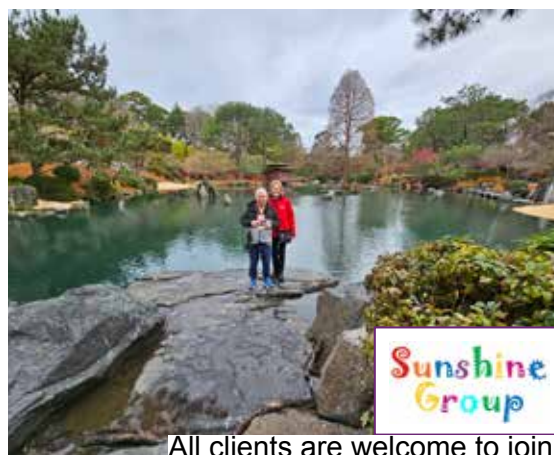
Thursday 20 August (Also on Mon 31/8)

Auburn Botanic Garden & Cherry Blossoms #1

See Auburn Botanic Gardens at one of the most beautiful times of the year as the cherry blossoms burst into bloom. We've timed our visit to avoid the festival crowds, so you can enjoy a peaceful stroll through these stunning gardens.

\$20 Bus

\$8 Pay on arrival



All clients are welcome to join

Friday 21 August

Simply Lunch: Club Central, Hurstville

Share a lovely lunch with friends at Club Central Hurstville. With a welcoming atmosphere and a great menu, it's the perfect place to relax, chat and enjoy a simple day out.

\$20 Bus



Monday 24 August (Also on Tue 25/8)

City Drive & The Little Snail, Pyrmont #1

A perennial favourite is back! Take in the sights on a scenic city drive before enjoying a delicious lunch at The Little Snail in Pyrmont. With its popular three-course menu and charming atmosphere, it's easy to see why this outing is so well loved.

\$20 Bus

\$48 Lunch pay on the day



Social Outings

Tuesday 25 August (Also on Mon 24/8)

City Drive & The Little Snail, Pyrmont #2

Back by popular demand, enjoy a scenic drive through the city before lunch at the much-loved Little Snail in Pyrmont. Choose from the excellent three-course menu or order from the à la carte menu. A perennial favourite for good reason!

\$20 Bus

\$48 Lunch pay on the day



Wednesday 26 August

Lunchbreak Concert: Opera Division, Sydney Conservatorium of Music

How lucky are we! Enjoy brunch before experiencing a free 45-minute Lunchbreak Concert by the talented Opera Division students from the Sydney Conservatorium of Music. A wonderful opportunity to enjoy beautiful live music before heading home.

\$20 Bus

Free concert



Thursday 27 August

Victoria Barracks and AFP tour, Paddington

Discover the fascinating history of Victoria Barracks, first occupied in 1848. Explore the museum's impressive collection spanning four centuries of military history while admiring this beautifully preserved heritage site. Approx. 200 metres of walking. **Bring your government issued ID**

\$20 Bus

\$5 Tour pay on the day



Friday 28 August

Cumberland State Forest, Cafe Saligna & Nursery

Here is a surprise new location, a state forest in the middle of West Pennants Hills. Relax over lunch at Café Saligna before exploring the tranquil forest or discovering beautiful plants and garden inspiration at the on-site nursery.

\$20 Bus



Social Outings

Monday 31 August (Also on Thur 20/8)

Auburn Botanic Garden & Cherry Blossoms #2

We've added a second visit to Auburn Botanic Gardens so more people can enjoy the magic of cherry blossom season. Take your time exploring the beautiful gardens without the hustle and bustle of the festival.

\$20 Bus

\$8 Pay on arrival



Wednesday 28 October (Prebooking)

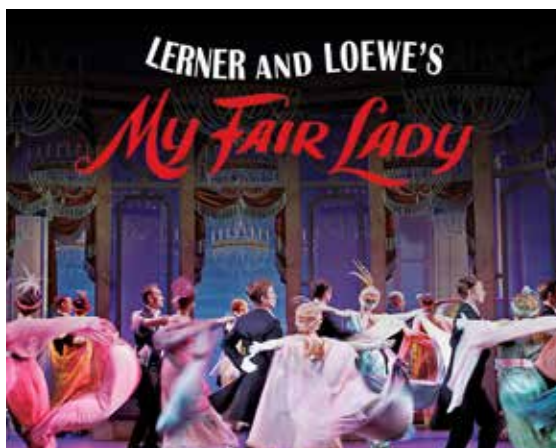
My Fair Lady: Sydney Opera House

Matinee 1pm

My Fair Lady comes to the Sydney Opera House to celebrate 70 years since its Broadway debut. Limited pre-purchased tickets are available for **\$175 - \$190**, price including our carer's ticket. Book and pay now as seats are selling fast. To sit with friends, all tickets must be purchased together.

\$20 Bus

Please talk to Harvey or Brad



Social Outing Key



Stairs involved



Wheelchair friendly



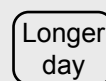
No walker access



Uneven ground or gravel paths



Own carer or Motorised required



Longer day



Some walking



No wheelchair access



Opal Card

Always bring money for food and drink.

If any of our outing venues cancel, an alternative will be organised.





AUGUST



Blue Mountains

2 NIGHTS



TUE 18 - THU 20 AUG 2026

Experience the breathtaking beauty of the Blue Mountains with stunning lookouts, charming villages and plenty of time to relax

AUGUST



Port Macquarie

3 NIGHTS



TUE 25 - FRI 28 AUG 2026

Coastal charm, beautiful beaches and great local attractions. The perfect winter escape by the sea.

More amazing getaways to look forward to



SEPTEMBER



Canberra - Floriade



TUE 15 - FRI 18 SEPT 2026

OR



TUE 22 - FRI 25 SEP 2026

Celebrate Spring with stunning flowers and the other attractions

OCTOBER



Hunter Valley



TUE 13 - THU 15 OCT 2026

Great food, fine wine and beautiful vineyard views

OCTOBER



Port Macquarie



TUE 20 - FRI 23 OCT 2026

More time to explore this bustling coastal town.

NOVEMBER



Blue Mountains



TUE 10 - THU 12 NOV 2026

Breathtaking scenery, charming villages and unforgettable lookouts

NOVEMBER



Hunter Valley



TUE 17 - THU 19 NOV 2026

Another chance to enjoy the Hunter's finest food, wine and beautiful surroundings.

DECEMBER



Jervis Bay / Huskisson



TUE 8 - THU 10 DEC 2026

Coastal beauty, relaxed atmosphere and time to enjoy seaside living

FEBRUARY



Kiama



TUE 16 - THU 18 FEB 2027

Spectacular ocean views, seaside cafés and the famous Kiama Blowhole, all at a leisurely pace.

FEBRUARY



Foster / Tuncurry



TUE 23 - FRI 26 FEB 2027

Sparkling waterways, coastal views and relaxed seaside vibes await.



Travel with friends
Create memories and enjoy the journey together



We're here to support you
Caring staff, comfortable travel and peace of mind

Book your next getaway!



9585 3000

Newcastle & Lake Macquarie Recap



**Better Support.
Stronger Connections.**

**st george
community.**

Phone

02 9585 3000

Address

1/29-33 Pitt Street
Mortdale NSW 2223

Website

www.stgct.org.au

Connect with us

