

More than just Transport

February 2021

Merry Christmas and Happy New Year to all our clients and staff,

I am writing this from my home where I am self-isolating until the 30th December. It is ironic that when we started our COVID-19 journey I sent many of our team home to self-isolate for 14 days and at the end of 2020 I find myself in mandated self-isolation.

It was just lovely to see so many of you at our Christmas Party. Thank you again to Brad and the team for the great job they did in holding this event (just in the nick of time) and for the wonderful social outings they have organised this year. It has been particularly challenging with so many other factors to consider, but you still managed to have some fun and to learn some interesting facts on our historical drives.

We have welcomed many new volunteers to the team over the last few months. It is great to see so many new faces and I would extend my appreciation to all our fantastic volunteers for giving up their valuable time to support our community in St George.

We have lots in store for 2021 with the introduction of the Volunteer Home Visiting Program and the Sunshine Group which had its origins at St George Community Services over 20 years ago. We have purchased a new Sprinter for our private fleet due to the continued growth of transport services for our NDIS participants and we are still in the market for another Sprinter. We are going to appoint two new positions in early 2021; a Group Outings Coordinator for the Sunshine Group and a Service Delivery Administrator - Social Outings to assist the team to grow this program to 7 days per week.

You have some excellent social outings in store for you in February and Brad has responded to your positive feedback with lots of historic drives and places of interest included in the program. Let's hope COVID-19 does not get in the way of you having a great time.

Take care, Carol.



**Merry Christmas and Happy New Year
from all of us at**

Two great new programs for 2021

Volunteer Home Visiting Program

How does this program work?

One of our team will visit you at home or in your aged care facility once per week for 1-2 hours.

What will we do?

- Enjoy a conversation
- Share a cup of tea or coffee
- Work on a home project together
- Share a hobby together

Who provides this service?

Our trusted volunteers.

We are committed to offering the best possible care to vulnerable older people in our community. This program could give you the resources you need to participate more in our community while making a friend for life.

To register for this program please call Carol or Vera on 9585000 or email AskUs@stgct.org.au

Or maybe you would like to volunteer and share some of your skills.



Sunshine Group

Who are the Sunshine Group?

Our disability group enjoy social outings once per month to places of interest, beautiful locations and fantastic venues. Whether you're a dancer or a diner, a social butterfly or a homebody, we'll find somewhere that you'll love.

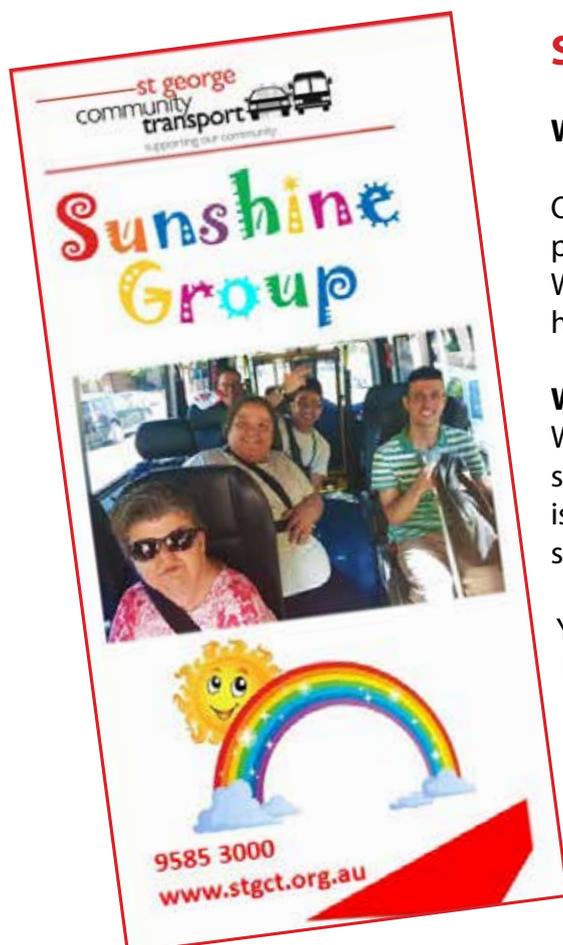
Why you should join our group

We might go to a concert or a community event, play something - maybe tenpin bowling - or go to see a show. This is great way to meet new people - we can help expand your social life.

You'll meet new people, visit fun and interesting places and have a great time.

The group has been running for many years and they have a great team to make sure that you enjoy your day.

Call Carol on 9585 3000 or email carol.strachan@stgct.org.au to find out more

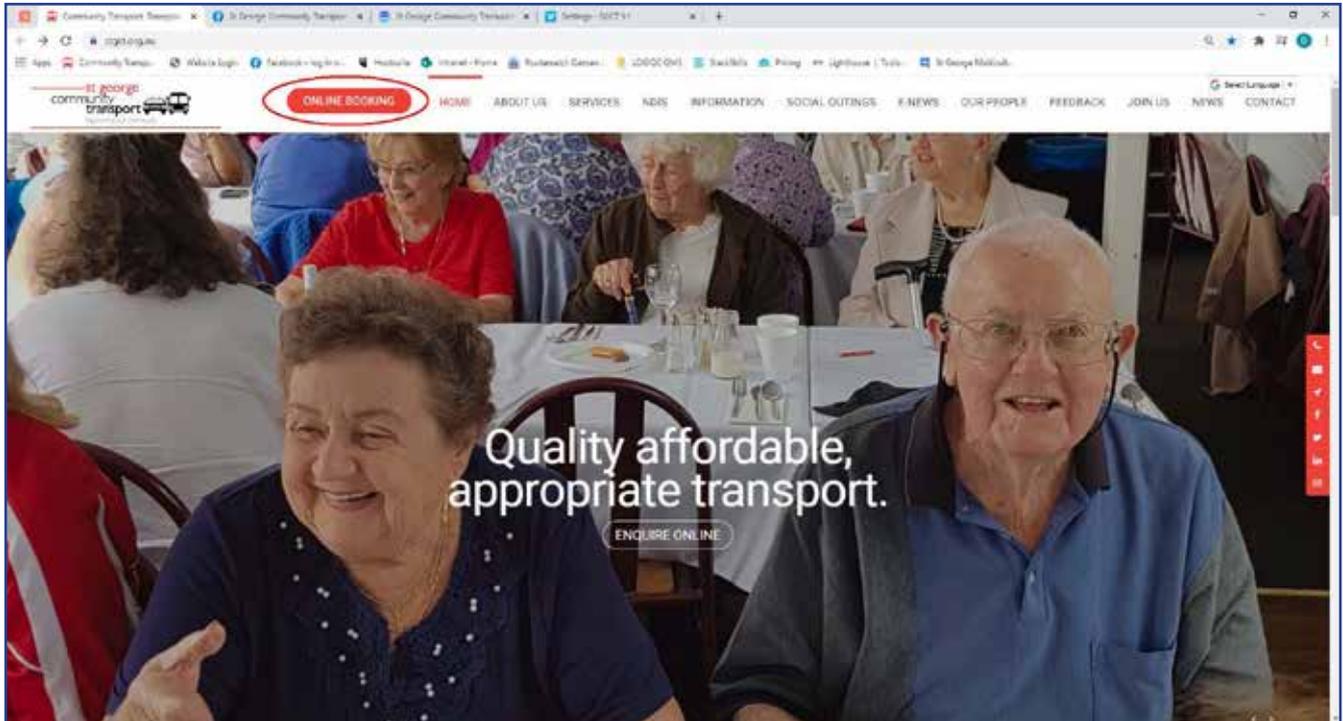


Online Booking Form

We now have an online booking form on our website to make booking your appointments much easier.

Simply click on the RED button and follow the prompts. If you are using a phone then choose Online Booking from the dropdown Menu and continue from there to make your bookings.

Call the office on 9585 3000 or ask your driver if you have any questions about the online booking system.



Giggle of the month

A policeman sees a car driving slowly on the motorway and says to himself, "that's just as dangerous as speeding", so pulls the car over.

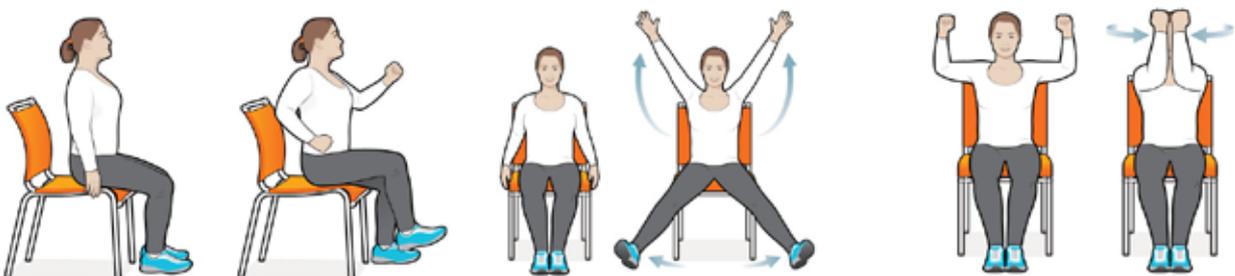
He sees that there are 5 elderly ladies in the car - 2 in the front and 3 in the back. All the passengers were looking pale and shaken.

The driver asked the policeman - "what's the problem officer I was driving at exactly the speed limit." The policeman says "no, sorry but you were driving under the speed limit" the driver replies "but I was going 22 mph". The policeman replied "oh no, that's the number of the motorway not the speed limit".

He then asked "are the other ladies OK? They're very quiet and quite pale?"

The driver replied "oh they'll be fine in a couple of minutes - we've just come off Highway 191."

Remember we still need to keep active, so don't forget to keep up our exercises



Social Outings

Call 9585 3000 or email brad.mcgrath@stgct.org.au with your selected outings and we will do our best to get everyone on as many outings as possible. You will receive a courtesy call to confirm your outings and those for which you are wait listed. Please hold pre-payments until you receive your confirmation.

Got an email address? Then why not email your choices to us - and we can confirm by email so you have a written confirmation of the your outings.

Cancellations

If something changes and you need to cancel your booking call the office as soon as you can. If it is out of hours, leave a message telling us the day of the booking you are cancelling, your name & phone number.

Please avoid cancelling at the door when the drivers arrive. A fee may apply if this occurs.

Don't forget our new EFT payment system for social outings

We have started taking EFT payments for social outings only.

This means that when we call you to confirm your pick up time, you can pay for your outing over the phone with your VISA or Mastercard.

No more worries about having the exact money on the day.

If you prefer to make a regular bank transfer from your account, our bank details are:

St George Community Transport
BSB 062 206
Acc 1038 4093

Please make sure you add your name and the outing to the transfer record.



Outing Key

- | | | |
|--|--|--|
|  stairs involved |  wheelchair friendly |  bring money for a meal |
|  uneven ground or gravel paths |  no wheelchair access |  long day |
|  Some walking |  no walker access | |

Monday 1 February

Western Sydney International Airport Experience Centre 1 *Luddenham*

Discover how Western Sydney International Airport will help shape the future of Western Sydney. You will be immersed in the experience as you step into the airport control room and arrive at your final destination, the airport site.

\$15.00 Bus

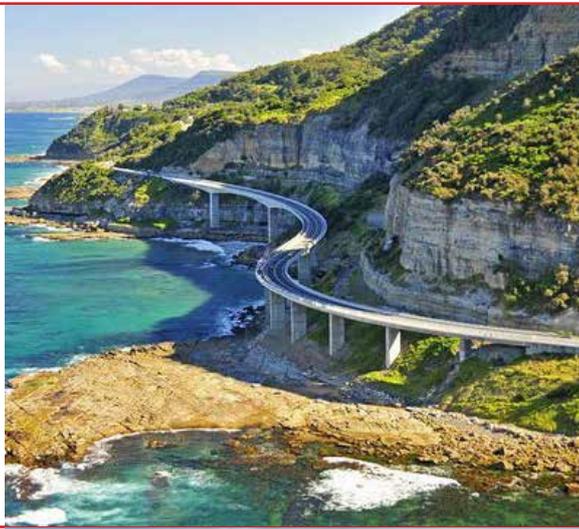


Wednesday 3 February

South Coast Adventure to Wollongong

Experience Wollongong's spectacular coastal drive - the Grand Pacific Drive, between Sydney to Wollongong and beyond. Grand Pacific Drive is an award winning coastal drive that begins in the Royal National Park and continues down the south coast.

\$15.00 Bus



Friday 5 February

La Perouse Museum

We have done Bare Island. now let's find out about the full history of La Perouse.

Another lovely day at the entrance of Botany Bay.

\$15.00 Bus



Tuesday 9 February

North Sydney, Kirribilli and Neutral Bay Historic Drive

Come and explore North Sydney's beautiful harbourside suburbs.

You will discover the iconic sites that defined these areas and see how busy they really are!

\$15.00 Bus



Thursday 11 February

Illawarra Light Rail Museum

Albion Park

Come and visit this passionately volunteer run light railway museum and learn about locomotives and rolling stock, the manufacture & operation of steam engines, plus come for a ride on an old engine!

They are opening up today just for us - covered footwear is required.

\$20.00 Bus \$ 10.00 Entry (incl Morning Tea)



Friday 12 February

Grays Point High Tea and Kareela Sharks

Everyone loves a High Tea and we have found a lovely place to enjoy this special treat.

And if that isn't enough, we'll be popping into Kareela Sharks for another "snack".

Wow!

\$15.00 Bus



Monday 15 February

NSW Parliament House Tour

City

Our friendly guides will take you through the Legislative Chambers and the historic Parkes, Wentworth and Jubilee rooms. You will experience first-hand the beautiful colonial architecture while learning more about the role, history and work of the Parliament.

\$15.00 Bus



Wednesday 17 February

Campbelltown Arts Centre

Enjoy this beautiful Arts centre in a lovely park environment while drinking your coffee, and experiencing some interesting art.

Then we will head off to either the Campbelltown Catholic Club or Western Suburbs Leagues Club for lunch.

\$15.00 Bus



Thursday 18 February

ANSTO Discovery Centre

Lucas Heights

ANSTO operates much of Australia's landmark scientific infrastructure including one of the world's most modern nuclear research reactors; neutron beam instruments; the Australian Synchrotron; the National Imaging Facility Research Cyclotron; and the Centre for Accelerator Science what is all that about? Come and find out!

\$15.00 Bus \$ 15.00 Entry

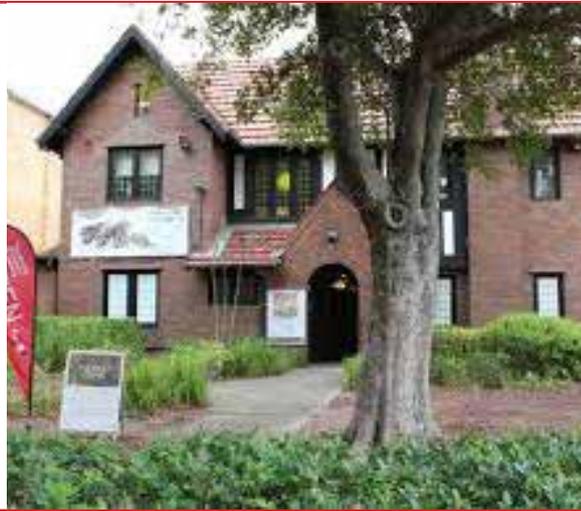


Friday 19 February

Hurstville Museum and Lunch

Learn who has shaped this region from the earliest people to present day communities and how life has changed over the years. Engage with stories through multimedia and interactive displays.

\$15.00 Bus Donation



Tuesday 23 February

Georges River Drive and Club Central Menai

Rediscover the parks of the Georges River - I bet you don't know them all! We certainly live in a great area for parks and reserves.

Enjoy a lovely morning tea and then lunch at Menai Central.

\$15.00 Bus



Thursday 25 February

Western Sydney International Airport Experience Centre 2

Luddenham

Discover how Western Sydney International Airport will help shape the future of Western Sydney. You will be immersed in the experience as you step into the airport control room and arrive at your final destination, the airport site.

\$15.00 Bus



Friday 26 February

Museum of Sydney

City

This museum is built over and around the remains of Australia's first Government House. In 1788 Governor Phillip chose this site for his official residence. Explore the stories of this city from its origins to today. You get a glimpse of the original building through the forecourt and foyer glass openings.

\$15.00 Bus \$ 12.00 Entry



Let's go Shopping

The Shopping Bus is still running and the cost is still \$10 per person or \$15 per couple.

February shopping dates are:

Area 1 Group will be shopping at Roselands on FRIDAY 5th & 27th.

Area 2 Group will be shopping at Rockdale Plaza on FRIDAY 12th & 26th.



There is a maximum of 4 shopping bags each allowed on the bus (combined weight of 16kg).

Area 1 Suburbs

Beverly Hills, Blakehurst, Connells Point, Kyle Bay, Lugarno, Mortdale, Oatley, Peakhurst, Penshurst, Riverwood, South Hurstville, Hurstville Grove.

Area 2 Suburbs

Allawah, Arncliffe, Banksia, Bardwell Park, Beverly Park, Bexley, Bexley North, Brighton-le-Sands, Carlton, Carss Park, Dolls Point, Hurstville, Kingsgrove, Kogarah, Kogarah Bay, Kyeemagh, Monterey, Ramsgate, Ramsgate Beach, Rockdale, Sandringham, Sans Souci, Turrella.

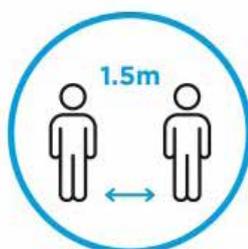
Bingo is running again at limited venues

WEDNESDAY
FRIDAY
FRIDAY

South Hurstville RSL
Bexley RSL
Masos Club Mortdale



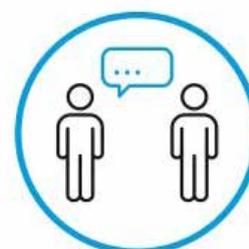
\$7.00 Return
Call the office
9585 3000 to book



Physical
distancing



Hygiene and
cleaning



Wellbeing of staff
and customers

How to get your copy of News and Views sooner

1. You can provide us with a large stamped self addressed envelope & have a copy posted to you
2. To get onto our email list **call 9585 3000** or **email deirdre@stgct.org.au**
3. Copies are available in our vehicles - ask your driver.

Contact Us

How can you reach us?

call: **9585 3000**

email: AskUs@stgct.org.au or buses@stgct.org.au

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