

More than Just Transport

Home Care Services Program

Do you feel like you need a little extra help at home?

Do you need some assistance to get out to the local shops?

St George Home Care Services can provide a little or a lot of help to support you to live independently at home. Whether you need one or two services is up to you, we will come and have a chat to find out the best way that we can assist you.



St George Home Care Services are here to help.

Call us on **9585 3000** to find out which services will best suit your needs.

We offer a variety of services that will be tailored just for you. Talk to our team about:

- Your needs and goals
 - Services in your area
 - Your preferences
 - Our staff

Domestic Assistance

help with the housework,
laundry and shopping



Social Support

companionship in your home
or on outings



Meal Preparation



Personal Care

assistance with showering,
dressing and toileting



Assistance with shopping



Assistance to access the community

connecting you with local
interest groups



9585 3000

www.stgct.org.au